

PROTEIN BALLS

Ingredients

1/2 cup local honey
2 Tbsps coconut oil
1 Tbsp vanilla
1 cup nut butter
1 cup oats
4 scoops Arbonne Protein
pinch of sea salt
1-2 cups of "add ins" of your choosing

Add Ins

rice krispies
hemp hearts
chia seeds
chocolate chips
roasted sunflower seeds or pumpkin seeds
dried fruit - cranberries, rasins, etc.
flax seed or ground flax
goji berries
shaved coconut
chopped nuts

1. In a large bowl add oats, protein, salt and all add-ins. Stir well.
2. In a separate bowl add honey, coconut oil, nut butter and vanilla. Microwave for 20 seconds at a time stirring often until melted.
3. Add both bowls of ingredients together and mix well.
4. Using your hands, roll tablespoonfuls of the mixture into snack sized balls & roll through "add-ins" of your choice.
(cocoa power, or sprinkles are also fun!)
5. place in an airtight container and enjoy anytime!

They freeze very well!